



# 800-448-3000

## Boys Town National Hotline®

A crisis, resource and referral number for KIDS and PARENTS.

**24 hours a day, 7 days a week**



The Boys Town National Hotline is for kids, teens and parents who **need help.**

Depression

Suicidal thoughts

Self-harm

Parenting problems

Relationship issues

Stress and anxiety

Physical, sexual or emotional abuse

Anger problems

School problems, bullying, peer pressure

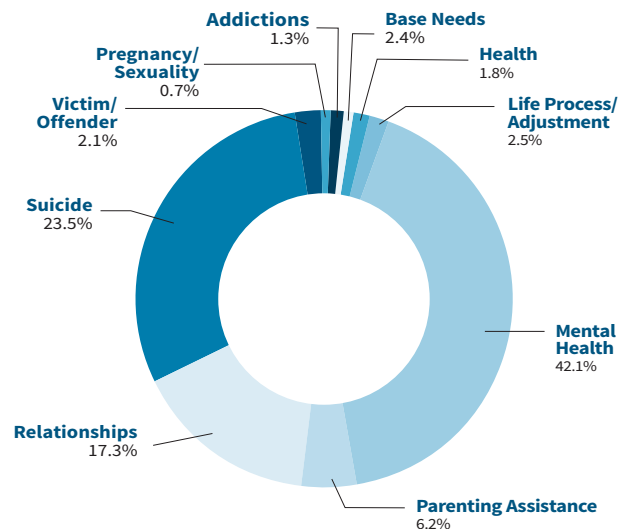
Chemical dependency

## The Hotline is here for you.

- > Call toll-free from all 50 states, the District of Columbia, the U.S. Territories and Canada. The Hotline answered 93,442 calls last year.
- > Spanish-speaking counselors as well as access to interpretation services for more than a hundred other languages are available 24 hours a day.
- > The hearing-impaired can communicate with counselors by emailing **hotline@boystown.org**.
- > Hotline counselors can make referrals to services in your local area because the Hotline database contains up-to-date information on more than 25,000 human service agencies.
- > Parents can get advice and tips for raising their children at **parenting.org** and by emailing their parenting questions to **hotline@boystown.org**.
- > Kids and teens can find information to help with the daily challenges they face and get support from trained counselors (via call, text or email) on the Hotline's website, **YourLifeYourVoice.org**. The Hotline responded to 17,801 web-based contacts in 2023.
- > Last year, the National Hotline helped prevent 468 suicides.

### 2023 CONTACTS BY PRESENTING PROBLEMS (all ages)

*84,124 contacts where presenting problem was identified. General information contacts not included.*



Learn more about the Hotline at **boystown.org/hotline**

Send questions or concerns to **hotline@boystown.org**

Find parenting advice and tips at **parenting.org**

Teens can reach out at **yourlifeyourvoice.org**

# 2023 BOYS TOWN NATIONAL HOTLINE KEY IMPACT NUMBERS



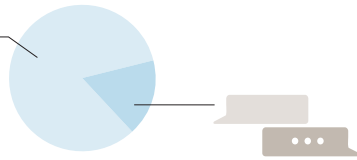
29%  
of all contacts are  
AGE 23 AND  
UNDER

## 111,243

TOTAL HOTLINE CONTACTS  
*(calls answered, web contacts)*

CALLS ANSWERED

## 93,442



WEB CONTACTS  
*(chats, emails and texts)*

## 17,801

## 24,841

HOURS COUNSELORS SPOKE  
WITH CALLERS



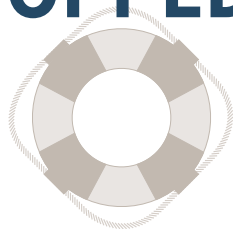
BOYS TOWN NATIONAL HOTLINE  
CRISIS COUNSELORS

## STOPPED

## 468

SUICIDES

in progress /  
intervention  
required



## 14,950

SUICIDE IDEATION CONTACTS



## 598,219

YOUR Life YOUR Voice.org

## WEB HITS

## TOP 5

REASONS FOR YOUNG  
PEOPLE CONTACTS  
*(23 AND UNDER)*



22% **Suicide Ideation**

20% **Anxiety**

7% **Depression**

7% **Relationship  
Problems**

5% **Friendships**

ALSO PROVIDED BY THE BOYS TOWN NATIONAL HOTLINE



## 8,444

CONTACTS



## 1,107

REPORTS RECEIVED  
*(calls, mobile app, website)*



## 34,717

CONTACTS